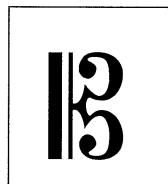


Schule für Altposaune Méthode de Trombone Alto Method for Alto Trombone

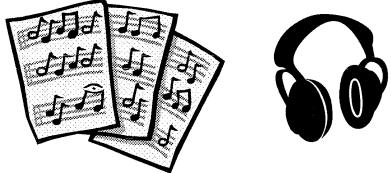
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Branimir Slokar

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PROPOS DE BRANIMIR SLOKAR EN GUISE D'INTRODUCTION

Répondant à une grande demande, j'ai réalisé une méthode qui permet au tromboniste ténor de passer au trombone alto en quinze jours d'exercices gradués, représentant une douzaine d'heures de travail. Délaissé depuis longtemps, le trombone alto revient à la mode comme instrument solistique, et il est souvent exigé par les chefs lors de prestations orchestrales.

Cette méthode s'adresse spécialement au tromboniste ténor maître de son instrument. Je déconseille l'apprentissage du trombone sur le trombone alto. Le tromboniste, impatient de passer au trombone alto, pourrait être tenté de transposer les exercices pour trombone ténor sur trombone alto. Il convient d'éviter cette erreur qui ne pardonne pas, car tout en n'étant qu'une quarte plus hauts, les exercices transposés occasionnent une fatigue excédant les possibilités des lèvres. Eu égard à cette difficulté, ma méthode prévoit des exercices adaptés et répartis sur deux semaines.

Il va de soi que le tromboniste ne commencera les exercices de cette méthode qu'après avoir fait ses exercices d'échauffement habituels sur le trombone ténor. Pour les trombonistes déjà acquis au trombone alto, j'ai prévu à la fin du cahier quelques exercices d'échauffement uniquement pour le trombone alto. Il est important d'observer le minutage indiqué sur le tableau ci-contre, quitte à répéter certains exercices plus difficiles. Je peux témoigner des résultats obtenus par des instrumentistes consciencieux, aptes à la fin de la méthode à jouer le trombone alto à l'orchestre. Le choix de l'embouchure est primordial. Il ne faut pas oublier qu'en raison des problèmes d'intonation on ne peut pas jouer le trombone alto avec la même embouchure que celle du trombone ténor; en revanche, je recommande de ne pas changer de bord d'embouchure, mais uniquement de cuvette.

EINIGE VORBEMERKUNGEN VON BRANIMIR SLOKAR

Nach Jahrzehntelangem Schattendasein erfreut sich die Altposaune heute zunehmender Beliebtheit als Soloinstrument, und immer mehr Dirigenten verlangen ihre Verwendung auch im Orchester. Auf vielseitigen Wunsch habe ich deshalb diese Schule geschrieben, deren abgestuftes Übungsprogramm es dem Tenorposau-nisten ermöglichen sollte, sich innerhalb zweier Wochen - entsprechend ca. 12 Stunden Übens - mit der Altposaune vertraut zu machen.

Diese Schule ist für Posaunisten gedacht, die das Tenorinstrument bereits beherr-schen. Anfängern rate ich von der Altposaune ab. Wer aus Ungeduld voreilig zu diesem Instrument greift, könnte ver-sucht sein, die für Tenorposaune be-stimmten Übungen analog auf die Altposaune zu übertragen - ein unverzeihlicher Fehler, denn durchwegs eine Quarte höher geblasen, würden diese Übungen die Lippenkräfte in schädlichem Ausmass überfordern. Mit Rücksicht auf dieses Pro-blblem habe ich die Übungen in dieser Schule in der Schwierigkeit sorgfältig ab-gestuft und über zwei Wochen verteilt. Selbstverständlich darf der Bläser diese Übungen erst in Angriff nehmen, nachdem er sich in gewohnter Weise auf der Tenorposaune eingeblasen hat. Für Posau-nisten, die mit dem Altinstrument be-reits vertraut sind, habe ich die speziellen Einblasübungen für Altposaune am Schluss dieses Heftes vorgesehen. Unbe-dingt einzuhalten sind die Zeitangaben in nebenstehender Tabelle, wobei die Dauer allenfalls notwendiger Wiederholungen miteinzurechnen ist. Der Erfolg wird nicht ausbleiben: Ich kann bezeu-gen, dass gewissenhafte Bläser am Ende dieses Lehrgangs fähig waren, im Orches-ter Altposaune zu blasen. Überaus wich-tig ist die Wahl des Mundstücks. Zu be-achten ist, dass man die Altposaune nicht mit demselben Mundstück blasen darf wie das Tenorinstrument, da dies Intonations-probleme zur Folge hätte. Ich empfehle aber, nur den Kessel zu wechseln, nicht aber den Rand.

SOME PRELIMINARY NOTES BY BRANIMIR SLOKAR

After many years of a shadowy existence, the alto trombone becomes increasingly popular as a solo instrument, and many conductors want to use it also in the orchestra. In order to meet the wish of many people I have written this school. The gradational study program should enable the tenor trombonist to get acquainted with the alto trombone within two weeks - corresponding to about 12 hours of practice.

This school is intended for trombonists with a good command of the tenor trombone. I advise beginners against playing the alto trombone. Who impatiently takes up this instrument with overhaste might be tempted to apply by analogy the exercises meant for tenor trombone to the alto trombone - an inexcusable mistake, as these exercises, if played a fourth higher all the way through, would have a harmful effect on the strength of the lips. With regard to this problem, this school is carefully divided into individual steps covering a period of two weeks.

It goes without saying that the musician will always get into practice on the tenor trombone as usual before starting with these exercises. For trombonists who already play the alto trombone I have provided at the end of this school special warming up exercises on the alto trombone. The length of time indicated on the list opposite must by all means be observed; the time of repetitions, if need be, must be included. The success won't fail to come. I can testify that serious musicians have been able to play the alto trombone in the orchestra after having accomplished this school.

The choice of the mouthpiece is highly important. Attention must be paid to the fact that the alto trombone and the tenor instrument must not be played with the same mouthpiece. However, I suggest to change only the cup but not the rim.

JOURS EXERCICES

1	1 – 14
2	1 – 23
3	1 – 25
4	1 – 31
5	commencer avec le no 24 puis de 1 – 33
6	24, 1 – 37
7	24, 1 – 43
8	24, 1 – 45
9	24, 1 – 46
10	24, 1 – 48
11	24, 1 – 48, plus les gammes de Mib, Ré
12	24, 1 – 49, plus Mib, Ré, Réb, Do
13	24, 1 – 50, plus Mib, Ré, Réb, Do, Si
14	24, 1 – 50, plus Mib, Ré, Réb, Do, Si, Sib, La

MINUTAGE

20'
30'
40'
50'
55'
60'
65'
70'
75'
85'
90'
105'
110'
115'



14

$\text{♩} = 60-92$



15



16

7e pos.



17

$\text{♩} = 72$



reprise légato

18

+ = Monter légèrement la note

+ = Note etwas höher spielen

+ = This note a little bit higher

19

5e pos.

20

$J=72$

f/p

reprise légato

21

$J=60$

f

22

$\text{♩} = 60-92$

12/8 time, one sharp key signature.

Staff 1: f

Staff 2:

Staff 3:

Staff 4:

23

$\text{♩} = 60-92$

12/8 time, one sharp key signature.

Staff 1: f

Staff 2:

Staff 3:

Staff 4:

Staff 5:

Cet exercice est destiné à améliorer la qualité et la régularité du son. On ne forcera pas ses possibilités pour atteindre à tout prix les 12 temps dès le début. Il est préférable d'exécuter consciencieusement le crescendo et, au besoin, de renoncer à terminer la troisième mesure. Avec le temps, une augmentation progressive de la capacité pulmonaire permettra de l'exécuter intégralement.

Diese Übung dient dazu, einen schöneren und gleichmässigeren Ton zu entwickeln. Am Anfang sollte man sich keinesfalls überanstrengen, um die zwölf Schläge um jeden Preis durchzuhalten. Man führe lieber das Crescendo gewissenhaft aus und breche notfalls den dritten Takt vorzeitig ab. Mit der Zeit wird es die allmähliche Vergrösserung der Lungenkapazität erlauben, die Übung ganz durchzustehen.

With these exercises the quality and regularity of the sound will increase. By no means do get strained in order to stand all the twelve beats. You rather perform the crescendo exactly and, if need be, do without the end of the third bar. Gradually, with the increased capacity of the lungs you will be able to complete the exercise successfully.

31

$\text{♩} = 100$

1re pos.

2e pos.

3e pos.

4e pos.

5e pos.

6e pos.

7e pos.

32

$\text{♩} = 100$

1re pos.

2e pos.

3e pos.

4e pos.

5e pos.

6e pos.

7e pos.

44

Musical score for two bassoon parts. The top staff is in common time (indicated by a 'C') and has a key signature of one flat (B-flat). The tempo is marked as 100 BPM. The dynamic is *mp*. The bottom staff is also in common time and has a key signature of one flat. The music consists of two measures of notes followed by a repeat sign, then two more measures of notes followed by another repeat sign, and finally two more measures of notes. Measure numbers 6 are placed above the first and third measure groups. The notes are primarily eighth notes, with some sixteenth-note patterns.

45

46

1re pos.

2e pos.

3e pos.

4e pos.

5e pos.

6e pos.



7e pos.



47

$\text{J}=100$

1re pos.

Musical staff for 1re pos. in common time. The tempo is $\text{J}=100$. The dynamics are p , f , p . The instruction "simile" is written above the staff. The notes are primarily eighth notes with some sixteenth notes and rests. Two large arcs are drawn under the notes in each measure.

2e pos.

Musical staff for 2e pos. The notes are primarily eighth notes with some sixteenth notes and rests. Two large arcs are drawn under the notes in each measure.

3e pos.

Musical staff for 3e pos. The notes are primarily eighth notes with some sixteenth notes and rests. The first note of each measure has a '+' sign above it. Two large arcs are drawn under the notes in each measure.

4e pos.

Musical staff for 4e pos. The notes are primarily eighth notes with some sixteenth notes and rests. The first note of each measure has a '+' sign above it. Two large arcs are drawn under the notes in each measure.

52

$\text{♩} = 100$

1 2 3 4 5 6 simile 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27

On jouera ces gammes très lentement au début. Le tempo pourra être accéléré progressivement, mais jamais au détriment de la précision.

Diese Tonleitern sind vorerst sehr langsam zu üben. Danach kann man das Tempo nach und nach beschleunigen, aber niemals auf Kosten der Genauigkeit.

Practise these scales very slowly in the beginning. After a while, you may gradually increase the tempo , but never at the expense of accuracy.

Do maj. (C)

A six-line musical staff in common time (indicated by a 'C'). The key signature is C major (no sharps or flats). The notes are primarily quarter notes, with some eighth notes and rests. The first measure starts with a quarter note 'C'. The second measure starts with an eighth note 'D'. The third measure starts with an eighth note 'E'. The fourth measure starts with a quarter note 'F'. The fifth measure starts with an eighth note 'G'. The sixth measure starts with an eighth note 'A'. The seventh measure starts with a quarter note 'B'. The eighth measure starts with an eighth note 'C'.

Fa maj. (F)

A six-line musical staff in common time (indicated by a 'C'). The key signature is F major (one flat). The notes are primarily quarter notes, with some eighth notes and rests. The first measure starts with a quarter note 'F'. The second measure starts with an eighth note 'G'. The third measure starts with an eighth note 'A'. The fourth measure starts with a quarter note 'B'. The fifth measure starts with an eighth note 'C'. The sixth measure starts with an eighth note 'D'. The seventh measure starts with a quarter note 'E'. The eighth measure starts with an eighth note 'F'. There are two small '+' signs above the staff in the eighth measure, likely indicating a dynamic or performance instruction.

Mi^b-Es

A musical score for the Mi^b-Es section, featuring six staves of music. The key signature changes between B-flat major (two flats) and E major (one sharp). The time signature is common time (indicated by 'C'). The music consists of various rhythmic patterns, primarily eighth-note and sixteenth-note figures, with some sixteenth-note grace notes. The score is written on five-line staff paper.

La^b-As

A musical score for the La^b-As section, featuring three staves of music. The key signature changes between B-flat major (two flats) and A major (no sharps or flats). The time signature is common time (indicated by 'C'). The music consists of eighth-note and sixteenth-note figures, with some sixteenth-note grace notes. The score is written on five-line staff paper.



Ré^b-Des



Sol^b-Ges

The musical score consists of seven staves of music for brass instruments. The time signature is 12/8. The key signature changes between B-flat major (B with a sharp sign) and A-flat major (B with a flat sign). The music includes various rhythmic patterns, such as sixteenth-note exercises and sustained notes with grace notes. The final staff ends with the text "etc..".

Il est essentiel d'exécuter quelques exercices d'échauffement avant de s'attaquer aux pièces de plus grande envergure, telles qu'études, concerti etc. On trouvera ci-après quelques exercices de mise en lèvres. Avant de les entreprendre, on pourra procéder utilement à un échauffement préliminaire, avec l'embouchure ou même sans l'aide de celle-ci. Je pratique très régulièrement cette technique.

Es ist unerlässlich, einige Einblasübungen auszuführen, bevor man umfangreichere Stücke wie Etüden oder Konzerte in Angriff nimmt. Nachstehend finden sich einige solche Einblasübungen, denen man mit Vorteil ein "Vor-Einblasen" auf dem Mundstück allein - oder sogar ohne diese - vorangehen lässt. Ich wende diese Technik regelmäßig an.

Some previous warming up exercises are imperative before you take up extensive pieces as etudes or concertos. In the following you find some of these warming up exercises. It is beneficial to get into practice previously with the mouthpiece alone - or even without it. This is what I do regularly.

4e pos.



5e pos.



6e pos.



7e pos.



5



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